This is an update on how Sacred Frankincense is being used by Dr. HK Lin and Dr. Suhail in their cancer studies. Also, included below are notes taken by a Young Living Silver when talking personally to Dr. HK Lin. Debra passed them along to me and I am passing them to you. Also, I have included the instructions on "Enriched" Sacred Frankincense that Debra shared in San Antonio on Friday, September 22nd.

OBLIGATORY DISCLAIMER: The following statements have not been evaluated by the FDA and are not intended to treat, diagnose, cure or prevent any disease. Please seek the advice of your chosen health practitioner.

# <u>Dr. Lin's Young Living Frankincense and Sacred Frankincense vs. Cancer peer-reviewed Medical Study Links</u>

Here are the <u>PubMed.gov</u> links to the two Young Living Frankincense vs. Cancer studies that have been published so far.

Note that in the Sacred Frankincense (Boswellia Sacra) vs. Breast Cancer study, the study was on several types of breast cancer of which some were more advanced.

Young Living Frankincense (Boswellia Carteri) vs. bladder cancer - <a href="http://www.ncbi.nlm.nih.gov/pubmed/19296830">http://www.ncbi.nlm.nih.gov/pubmed/19296830</a>

Young Living Sacred Frankincense (Boswellia Sacra) vs. breast cancer - <a href="http://www.ncbi.nlm.nih.gov/pubmed/22171782">http://www.ncbi.nlm.nih.gov/pubmed/22171782</a>

# <u>Dr. HK Lin Cancer Notes with Procedures for Stage 1-2 and Advanced Stage Cancers - CLICK HERE TO SEE THE FILE</u>

Note that Dr. Lin talks about a Procedure that people with Stage 1 and 2 can start with and how to monitor and adjust it. With this procedure, he is talking about taking the regular Sacred Frankincense internally whether a person drinks it straight or puts it in a capsule.

## <u>"Enriched" Sacred Frankincense</u>

In the notes, Dr. HK Lin mentioned an "Enriched" Sacred Frankincense. This is a term that he and Dr. Suhail are using to describe Sacred Frankincense that has been set out in open bottles and allowed to evaporate down by 80%. Nothing is added and nothing is physically taken away by a person. But it is allowed to set out in the open air to allow the lighter chemical constituents to naturally evaporate while leaving the heavier chemical constituents, which are the ones that actually kill the cancer cells. With this process of letting the Sacred Frankincense evaporate out until only 1/5 of the original amount is left, the Sacred Frankincense is then 10 times more potent!!! This evaporated down Sacred Frankincense is being called the "Enriched" Sacred Frankincense.

Why is this important? Well, SOME cancer patients while ingesting large amounts of the regular Sacred Frankincense have been experiencing some detox effects such as nausea and diarrhea... not all cancer patients experience this, but some do. However, cancer patients ingesting even very large amounts of the "Enriched" Sacred Frankincense are experiencing NO detox effects!

This Enriched Sacred Frankincense is particularly great for those with advanced Stage 3-4 and terminal cancers because it is even more potent and has faster action against the cancer (as seen in Dr. HK Lin and Dr. Suhails studies). Some people with early stage cancers are opting to use the enriched Sacred Frankincense to attack the cancer faster and harder. But this decision on which to take - whether the regular Sacred Frankincense or the Enriched Sacred Frankincense - is completely up to the person with the cancer.

As far as results with different types of cancers, Dr. Suhail has used the Sacred Frankincense and the Enriched Sacred Frankincense successfully with over 68 patients with breast, bladder, brain, prostate, colon, pancreas, leukemia... to name a few... with, in his words, "miraculous results".

#### "Enriched" Sacred Frankincense Procedure

Debra Raybern shared the process by which to make the "Enriched" Sacred Frankincense and then also shared how Dr. Lin and Dr. Suhail are giving it to the patients in the studies.

With the original studies in Oman with the "Enriched" Sacred Frankincense, cancer patients took 0.1ml of the "Enriched" Sacred Frankincense per pound of body weight each day. They would split this amount into 3 doses a day in capsules with a meal containing a healthy fat (avocado, nuts, seeds, etc.) to help the body absorb and better utilize the Sacred Frankincense.

So, for example, a person weighing 150 pounds would take 15 ml of the "Enriched" Sacred Frankincense internally each day. And they would do this for 21 days and then rest a week and get a PET scan done to see if the cancer is still alive, have blood work done to monitor the kidneys and liver function, etc. And then, if needed, go another round of 21 days and so on as needed.

## **How to Make "Enriched" Sacred Frankincense**

Here is a quote from Debra on how people are evaporating the Sacred Frankincense down to only 20% of the original volume to make the Enriched Sacred Frankincense,

"We have been experimenting with how to evaporate the frankincense oil to come up with the enriched version and we found that if you just take the top and orifice reducer out of the bottle, it may literally take 6 weeks to get it, BUT, if you will take 25 bottles of Sacred Frankincense and pour them all into a 13 x 9 x 2 inch glass baking dish (clean, sanitized and completely dry), you can get the process down to about 2-3 days!!

You must begin watching the frankincense after 24 hours - every hour as it evaporates very quickly after 24 hours.

In one case a family did this and because they did not know it would evaporate so quickly, it almost completely evaporated away. So WATCH this, check hourly after the first 24 hours and you'll have your needed frankincense within a few days instead of weeks."

Debra says that when you pour the bottles of Sacred Frankincense in the glass dish, you can use a toothpick to mark the level of the liquid and use a Sharpie marker to mark the level on the side of the dish. Then, make a mark that would show where the level would be AFTER it has been reduced down to only 20% left (one-fifth of the original amount). And then, set the dish out in a safe, dark place. Do not stir it vigorously while the oil is evaporating but DO go ahead and break the surface tension once a day with a toothpick by lightly stirring JUST A BIT.

When it is ready and has been reduced 80%, the Sacred Frankincense will be a bit thicker BUT not too thick. If you go past 80%, it will be WAY too thick and you might not be able to use it.

Then, pour it back into the empty Sacred Frankincense bottles and re-label the bottle, put the lid on it and it will be good to go from then on.

# The Cost of "Enriched" Sacred Frankincense

A complete 21 day round of Enriched Sacred Frankincense would include 105 bottles of Sacred Frankincense (5 full 15 ml regular Sacred Frankincense bottles evaporated down to 1 full 15ml bottle for each day for 21 days) at \$84.75 wholesale price per bottle of Sacred Frankincense would cost a total of \$8,898.75.

Expensive? In Debra's words, especially for those with Stage 4 cancers, "Yes, no doubt, but what is the alternative?"

And to me, I would think that is a LOT less expensive than the alternative PLUS so many people are already experiencing wonderful results.

# **Dr. Lin's Closing Remarks**

This is what Dr. Lin concluded by saying in the notes and also at a recent seminar he presented in Magnolia, TX, in August...

"It is important to understand that nature cannot be imitated. Hence we DO NOT RECOMMEND using any other brand of Essential Oils where there might be additives or just contain synthetic components that mimic the smell of plants. Other companies do add liquid paraffin or other synthetic substances to their product that will cause serious damages to organ functions such as the liver and kidneys. Unfortunately, treating cancer is a life and death situation."